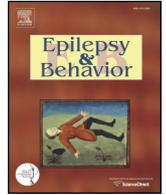




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### Book Review

#### **Bullets and brains, Andrew N. Wilner, CreateSpace Independent Publishing Platform, 2013, ISBN: 1490396926 [512 pp.]**

This book is a compilation of essays previously published electronically on Medscape. Dr. Wilner is a neurologist with subspecialty training in epilepsy and is also a prolific medical writer and “journalist.” In spite of his subspecialty training, he has returned to practicing general neurology in various settings such as locum tenens positions and as a neurohospitalist, which has exposed him to an unusually wide perspective and experience. I had the privilege of working with him personally, not only on the academic front but also as a practitioner, as a few years ago, he joined our training program for a miniresidency here at USF to refresh his general neurology skills at a tertiary academic hospital. He has an unusual blend of academic curiosity and passion for patient care.

As expected from the author, the book is a gold mine at the intersection of leisure and scientific reading. It is both entertaining and educational and both for health-care professionals and laypersons interested in brain function and diseases. It covers virtually every important topic in neurology. The style is lively and fun to read.

All of the essays are just a few pages long and easy to read in one sitting. While each essay can be read independently of the others, they are grouped into 12 sections: Traumatic Brain Injury, Assorted Neurology

Topics, Neurology and Social Media, Memory and Alzheimer's Disease, Multiple Sclerosis, Psychiatry, Sleep Apnea, Parkinson's Disease, Stroke, Epilepsy, Physician Practice Issues, and Prevention and Treatment Guidelines. Because of the author's subspecialty training in epilepsy, about 1/3 of the essays are on epilepsy-related topics.

#### **Conflict of interest**

No conflict of interest relevant to this.

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